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flying about a light people say: "Let the "k' las" of beasts and other creatures fall into the flame, but let the 'k' las' of men fly carefully and save themselves."

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Inanimate objects have their "k' las," as well as the lower creatures. Ownership in such possessions is duly observed by killing the pigs and fowls of a woman when she dies. The remains are thrown away or given to foreigners, who do not share the superstitions of the Karen. The paddy-cleaning implements and clothing of the deceased are either burned or buried with the corpse, unless they are laid on top of her grave. In like manner the oxen belonging to a man who has died are killed and disposed of, while his personal effects are burned or put in the grave with him. Otherwise, the owner's "k' la" might return to the village for his property and thereby bring calamity on the inhabitants.

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The idea seems to prevail among the Karen that the "k' las" enter and leave their bodies through the fontanel on the top of the head. In case a child falls and cries the mother will blow on this spot, in order to keep the life principle from escaping. However, the customary method of preventing the escape of the "k' la" is to tie a string around the wrists, either one or both of them, after fanning up the arms to blow the "k' la" back. Anybody may perform this act, but the services of elders or necromancers ("wi") are preferred.

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Another conception of the "k' la," quite distinct from that set forth above, is that it is a seven-fold spirit inhabiting the body, whose death it is constantly striving to accomplish through one or another of seven methods, namely, insanity, licentiousness, epilepsy, oppression, diseases, accidents, and injury by wild beasts. Even from the birth of a person the seven-fold "k' la" accepts the responsibility of causing his or her death and is engaged in constant struggle with that person's "so" (personality or character) for the mastery. As long as the "so" is strong, it serves as the individual's guardian angel; and he remains immune both from the attacks of the seven-fold "k' la" and from the magic arts of witches and necromancers. However powerful the charm that may be employed against him, his dominating "so" will ward it off; but if his "so" should become weak, he will soon lose his immunity.[15]

[15] See Dr. J. Wade's account in *The Karen Thesaurus*, new ed., Vol. I, pp. 480, ff.

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fields. A native reported to me an example of productive magic in connection with the finding of a spiral coil of heavy brass wire by his great aunt. The coil was from four to six inches in diameter and was unearthed by the aunt while digging a large yam in the jungle. The coil was carried home, but at first brought only misfortune. However, in the full moon of "Thadingyut" (Burmese for October) the aunt hit upon the happy idea of offering the blood of a red cock to the spiral coil, and in due time the family became prosperous. A failure to make the annual offering was followed by ill-fortune. The offering must not be made by an unchaste person or by one who had fallen out of the house during the year. The coil, which sometimes assumed human form, must not be approached too closely. It was believed to possess the power of foretelling the future when it appeared in human shape.

The red and yellow varieties of the flowering plant, cockscomb *(Amarantus)*, which grow abundantly in the hills, are reputed to have a beneficial effect on the crops. The red variety has the added virtue, according to various tales, of dazzling the eyes of pursuing spirits, which are so attracted by it that they forget any evil intent they may have had against persons or objects. A root taken from a red cockscomb found growing in a field three years after cultivation, if bound up in the turban of a husband, will prevent the wife from conceiving, according to Karen lore. The opposite result is attained by the women of Shwegyin by wearing the bones of the "Ta t'hkaw hkaw" (a one-legged female demon) as a necklace. They buy these bones from the Brecs.[1]

Black magic is bad magic or witchcraft. The Karen speak of it as "ta ho ta yaw" or sometimes as "ta ho ta lo," meaning to work evil on a person and thereby cause his death. It is difficult to learn very much about the practices involved in the art, for those who exercise it are prone to keep their methods secret, revealing them, if at all, to one or two intimates only and thus preventing their secrets from losing their potency. By blowing on a cup of water that is later to be handed to the intended victim, the worker of black magic imparts to it a baleful action that will cause him to sicken and die. A quid of betel blown upon in the same way may be thrown at the person intended to be harmed, and, if it strikes him, will produce the fatal result desired. Some sorcerers pretend to have the power of inducing a lingering disease, which after a year or two will terminate the life of their victims. Other methods

[1] See Chapter XXII on Supernatural and Mythical Beings, p. 232.

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754 resorted to are reputed to stimulate the growth of tumors, thick membranes, or bones in the bowels of a person and thus effect his premature death. It was reported to me that one sorcerer demonstrated his destructive power by coaxing a squirrel to come near and hitting it with a betel quid upon which he had blown, whereupon the little animal fell dead. The man telling me of this experiment had not witnessed it, but learned of it from one who had. The practice of magic by the blowing method is attributed to a certain man, named Saw Hteu (a famous prophet), who was gashed severely by a wild boar in the chase. The prophet blew and spat on the wounds, which healed immediately. It was said that the mastery of this method could be gained only through instruction from its author. It is a method that can be used either for good or evil purposes. Those who apply it in doing harm are often called false prophets ("wi a' bla") and are greatly feared by those Karens who are still deep in ignorance and superstition. Dr. Wade thinks this blowing charm is of Talaign origin, which is very likely, for it is used by all the peoples in Burma and is probably a survival of the old demon-worship, which still remains powerful despite centuries of Buddhist teaching.[4]

754 A well-known method of wrecking vengeance on an enemy, but one that would be used only by the most craven wizzard, is that of invoking the action of the skull of a corpse that had been left unburied. During the daytime the skull appears to be harmless enough; but at night, if magical lore is to be credited, it takes on the complete similitude of a wretched man, a kind of retributive agent, ready to be sent on a mission of murder. Another familiar method of doing evil to a person is to take a piece of his clothing, a lock of his hair, or even some of the dust from his foot-prints and, after blowing the baleful breath on whatever has been taken, to make a little image of him, stick a feather in the bottom of it, and hang it on a tree. When the wind swings this manikin to and fro, the mind of the person it represents will begin to give way, becoming capricious and unsettled. The imparting of bad luck is also accomplished by secreting a fragment of a monstrous woman's [595] skirt in the pillow of the hated individual. I heard of a wife who did this out of spite to her husband, who had taken unto himself another woman. The result of her action was all that could have been desired, for the man finally died.

[4] *The Karen Thesaurus*, new ed., Vol. I, p. 445.

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Certain stones ("ler na") and some plants of the ginger family ("paw na") are credited with having the ability to consume food. If offered raw flesh and blood, they prefer the latter. The owners of such specimens can cause harm to any one against whom they have a grudge. In case one of the "ler na" is sent to a person, it takes on the appearance of the owner and produces the death of the recipient. Such stones, according to report, are usually picked up in swampy places, glow in the dark, and will eat into one's flesh like an acid. It seems to be customary to send one of these carnivorous stones to the intended victim when he is in a weakened condition on account of sickness. He is, therefore, in a physical state to experience such an hallucination as that referred to above.

To counteract the effects of the "ler na," a medicine is compounded from the gall-bladder of one who has suffered a violent death and been stolen from the grave at night. The remains of the gall-bladder are mixed with the charred dust scraped from the bamboos used in piercing the corpse when it was being burned. These ingredients are moistened with water and shaped into a ball, from which the patient takes doses when he finds the spell of the magic stone asserting itself. Other fragments of the medicine-ball are pulverized and scattered in the air about the patient. This internal and external treatment is supposed to afford both cure and protection from the menace of the "ler na."[7] Another method (called "po") of preventing witches and wizards from working their evil spells, is by inserting twigs of the indigo plant in the split ends of three sticks, spitting on the twigs, and offering a prayer for deliverance.

Much of the magic of the Karen prophets and "medicine-teachers" is concerned with recalling the "k'las" of sick persons. The multitude of demons and powers by which the tribesman believes himself to be surrounded, renders it next to impossible for him to tell which of these spirits is assailing him when he falls ill. Hence he calls in a diviner, unless he should undertake to consult the chicken bones or make marks on a bamboo, in order to determine for himself the cause of his sickness. When he has learned the cause, he makes offerings to placate the particular spirit concerned. In case his recovery is not as rapid as he thinks it ought to be, he calls in some "wi" to find out what the matter is and what he must do. The "wi" who was summoned to prescribe for a sick grandmother some years ago, inspected the chicken bones several times and, when

7 Dr. Wade, The Karen Thesaurus, new ed., Vol. I, p. 463.